



Washing My Hands



My



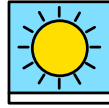
hands



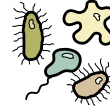
touch



things



all day



that have germs



on.

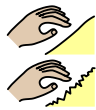


I

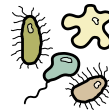


can't see

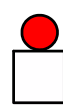
or



feel



the germs



on



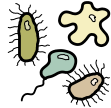
my



hands.

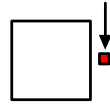


That is because



germs

=



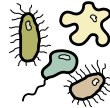
very small.



I can



wash



germs



off



my



hands,



using soap

+

and



warm water.



This is a list of things people do to when washing their hands:-



- Get hands wet



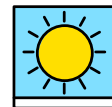
- Put soap on hands and rub them together



- Wash soap off hands and dry them



Washing my hands will help me to stay healthy.



I should try to remember to wash my hands through the day.